SUPPORTING STUDENTS THROUGH THIS TRANSITION

Frances Contreras, Ph.D.
Associate Vice Chancellor, Faculty Equity, Diversity, and Inclusion
Professor, Education Studies

Center for Faculty Diversity and Inclusion
vcedi-faculty@ucsd.edu **|** https://facultydiversity.ucsd.edu/

Knowing Your Students' Realities

➢ **Imam, Medha. 15 college students on how COVID-19 derailed their lives.**
(April 3, 2020) Business Insider.
https://www.businessinsider.com/college-students-coping-covid-19-coronavirus-2020-4

➢ **UC San Diego COVID-19 Support for Students**
Strategies for Remote Instruction.
https://digitallearning.ucsd.edu/instructors/resources/remoteinstruction/index.html

➢ **UC San Diego Resources for Student Success & Retention**
Student Success Coaching Program.
https://successcoaching.ucsd.edu/spring-2020-support/index.html

➢ **UC San Diego Support for Underrepresented Students**
Find information and resources for supporting different groups of student populations at UC San Diego.
https://srs.ucsd.edu/support/index.html

➢ **UC San Diego Resources for People with Disabilities**
Office for Students with Disabilities.
https://osd.ucsd.edu/

DisAbility Counseling and Consulting (DCC), a division of Human Resources.
https://blink.ucsd.edu/sponsor/hr/divisions-units/disability-counseling-and-consulting.html

Technology & Equipment

➢ **UC San Diego Tools for Remote Learning**
Student Loaner Laptop Request Form.
https://eforms.ucsd.edu/view.php?id=490887

Access Free or Discounted Software / Internet / Data during COVID- 19 Period.
https://blink.ucsd.edu/technology/file-sharing/remote-work/tips.html#Tech-Tips-for-a-Smoother-Remote,

ITS Request form for Connectivity.
https://powerforms.docusign.net/ecda2a1d-83ac-463e-882d-62373a9ba931?env=na1&acct=6371e373-11ff-4359-aa24-bf2ccbddc944

➢ **UC San Diego Student Support for Remote Learning**
The Teaching + Learning Commons.
https://commons.ucsd.edu/covid-19/students.html

UC San Diego
EQUITY, DIVERSITY, AND INCLUSION
Center for Faculty Diversity and Inclusion

➢ **Remote Teaching Tips & Best Practices**
   Abrahams, Matt. 10 Tips for Giving Effective Virtual Presentations
   (September 26, 2016) Stanford Graduate School of Business.
   https://www.gsb.stanford.edu/insights/10-tips-giving-effective-virtual-presentations,

   Remote Work Tips and Best Practices.
   https://blink.ucsd.edu/technology/file-sharing/remote-work/tips.html

Optimizing Communications & Engagement

➢ **Ho, Melanie. 3 Principles for Safeguarding Student Success in the Transition to Remote Instruction.**
   (March 16, 2020) EAB: Education Technology, Services, and Research.
   https://eab.com/insights/expert-insight/strategy/3-principles-for-safeguarding-student-success-in-the-transition-to-remote-instruction/

Additional Resources

➢ **University of Washington Center for the Science of Social Connection**
   Strategies for staying connected during COVID-19.
   http://depts.washington.edu/uwcssc/content/staying-connected-during-covid-19

➢ **Eaton, Cynthia. So, You Have to Move Your Classes Online. Now What?**
   (March 25, 2020) National Education Association
   http://neatoday.org/2020/03/25/teaching-online-during-coronavirus/?_ga=2.243111426.121694526.1586390652-1588317767.1586390652

➢ **UC San Diego Educational Technology Services**
   Learning Management System (LMS) support for Faculty.
   https://edtech.ucsd.edu

➢ **American Council on Education Resources for Faculty**
   Rapid-response webinars and federal advocacy information.
   https://www.acenet.edu/Pages/COVID-19-Information.aspx

➢ **US Department of Education**
   COVID-19 ("Coronavirus") Information and Resources for Schools and School Personnel.
   https://www.ed.gov/coronavirus

➢ **UC San Diego Academic Integrity Office**
   Students: https://academicintegrity.ucsd.edu/take-action/covid-19-students.html

   Faculty: https://academicintegrity.ucsd.edu/take-action/covid-19-faculty.html.

UC San Diego
EQUITY, DIVERSITY, AND INCLUSION
Center for Faculty Diversity and Inclusion

Supporting the Mental/Emotional Wellbeing of Students

➢ **Chlems, Toby. How universities can support students' mental health amid Covid-19 crisis.**
(March 23, 2020) Times Higher Education
https://www.timeshighereducation.com/blog/how-universities-can-support-students-mental-health-amid-covid-19-crisis

➢ **Emotional Well-Being and Coping During COVID-19**
UC San Francisco Weill Institute for Neurosciences Emotional Well-Being and Coping During COVID-19.
https://psychiatry.ucsf.edu/coronavirus/coping#a

➢ **UC San Diego Health & Wellbeing Resources**
Counseling and Psychological Services, Student Health and Well-being.
https://wellness.ucsd.edu/CAPS/Pages/default.aspx

- CAPS Support Line, 24-hours (for students)
(858) 273-3755

- CAPS calendar of events
https://caps.ucsd.edu/may

Upcoming Health Promotion Events.
https://wellness.ucsd.edu/healthpromotion/Pages/default.aspx

Student Health Services
https://wellness.ucsd.edu/studenthealth/Pages/default.aspx

Work/Life Health and Wellness for UC San Diego employees and their families.
https://blink.ucsd.edu/HR/benefits/work-life/health.html

Counseling: Faculty and Staff Assistance Program (FSAP)
https://blink.ucsd.edu/HR/services/support/counseling/index.html

- FSAP offers Classes, Workshops and Groups.
https://blink.ucsd.edu/HR/services/support/counseling/classes.html